Grade Level/Course Title: Gr 4 / SE3-Gr4-Unit2 Course Code: Social/Emotional Development

#### **Course Description:**

### **Social/Emotional Development**

The units in Social/Emotional Development are designed to assist students in developing the knowledge and skills to be productive and respectful citizens in a global society. The units focus on self-understanding, diversity, respect, and personal social and safety skills. The three major areas covered in Social/Emotional Development are:

### Understanding self as an individual and as a member of diverse local and global communities.

**Major Points:** The content of this area is designed to help students in grades K-12 know and understand themselves and their roles as contributing members of society. Emphasis is placed on personal characteristics and the roles and responsibilities of each individual. Students will gain knowledge that leads to the recognition and understanding of the interrelationship of thoughts, feelings and actions in students' daily lives. Learning includes knowledge that contributes to an understanding of the importance of each person in his or her extended (global) as well as immediate community (e.g. family, classroom, school, city or town) and each person's role and inter-relatedness with all other people of the world.

# Interacting with others in ways that respect individual and group differences.

**Major Points:** This area focuses on helping students in grades K-12 know, understand and respect others in order to develop and maintain quality relationships. The learning includes developing an understanding of the similarities and differences of others and ways these similarities and differences contribute to working together in our diverse world. Students will learn about their roles in advocating for respect for all human beings.

# Applying personal safety skills and coping strategies.

Major Points: Physical and psychological safety and healthy personal coping skills are emphasized in the content this area. The learning is based on the premise that young people are vulnerable. They are vulnerable to the pressure of peers to engage in unhealthy behaviors. They are vulnerable to harassment, sexual abuse or physical abuse. In addition, they are vulnerable to expected and unexpected life events (e.g. a new sibling or the death of a parent). In each situation, external influences interact with individual factors as the young person makes decisions and choices about how to respond. The emphasis is on developing within each student the ability to advocate for self. The knowledge and skills include the ability to recognize the warning signs of external and internal threats to the personal safety of self and others. Students will learn a variety of methods for seeking help when an external threat to health or safety exists, when an internal conflict threatens his or her well-being (e.g. suicidal thoughts) or when a life situation requires a new way of coping. Learning includes how to respond to personal concerns as well as the needs of peers.

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**UNIT DESCRIPTION:** How Does A Person Cope With Life Changing Events? **SUGGESTED UNIT TIMELINE: 2 Lessons** Students will learn about kinds of conflict and how they affect the body and stress levels. CLASS PERIOD (min.): 45 minutes each They will learn techniques that can be used to help solve conflict. **ESSENTIAL QUESTIONS:** 1. Why is respect important? **ESSENTIAL MEASURABLE LEARNING OBJECTIVES CCSS LEARNING GOALS CROSSWALK TO STANDARDS** (Anchor Standards/Clusters) **GLEs/CLEs CCSS** PS OTHER DOK **ASCA** 1. The student will contribute at least one idea to SE.3.C.04: SE Level 3 the concept map and class discussion. Utilize coping skills for managing life changes or events. Level 3 2. The student will serve as a mediator to work SE.3.C.04 SE Level 3 through one mediation, and complete the SE Level 3 mediation contract. ASSESSMENT DESCRIPTIONS\*: Students will use the skills learned about conflict mediation in practice mediation sessions using real life situations. INSTRUCTIONAL STRATEGIES (research-based): (Teacher Methods) Obj.#

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	x Direct					
	x_ Indirect					
	x Experiential					
	Independent study					
	x Interactive Instruction					
	See Lessons:					
1	Lesson #1: Conflict Mediation Part 1: Getting ready					
	Lesson #2: Conflict Mediation Part 2: Practice					
Obj.#	INSTRUCTIONAL ACTIVITIES: (What Students Do)					
	See Lessons:					
1	Lesson #1: Conflict Mediation Part 1: Getting ready					
	Lesson #2: Conflict Mediation Part 2: Practice					
	Direct:	Indirect:	Experiential:	Independent Study	Interactive Instruction	
	x Structured Overview	x Problem Solving (Ls. 2)	Field Trips	Essays	Debates	
	(Ls. 1)	Case Studies	Narratives	Computer Assisted	x Role Playing (Ls. 2)	
	x Lecture (Ls. 1)	Reading for Meaning Inquiry	Conducting Experiments x Simulations (Ls. 2)	Instruction Journals	Panels Brainstorming	
	Explicit Teaching	inquiry x_ Reflective Discussion	Games Games	Learning Logs	Peer Partner Learning	
	x Drill & Practice (Ls. 2)	(Ls. 1)	Storytelling	Reports	x Discussion (Ls. 1, 2)	
	Compare & Contrast	Writing to Inform	Focused Imaging	Learning Activity Packages	Laboratory Groups	
	Didactic Questions  Demonstrations	Concept Formation	Field Observations	Correspondence Lessons	Think, Pair, Share	
		x Concept Mapping (Ls. 1)	x Role-playing (Ls. 2)	Learning Contracts	Cooperative Learning	
	x Guided & Shared - reading, listening,	Concept Attainment	Model Building	Homework	Jigsaw	
	viewing, thinking	Cloze Procedure	Surveys	Research Projects Assigned Questions	x Problem Solving (Ls. 2) Structured Controversy	
	(Ls. 1)			Assigned Questions Learning Centers	Structured Controversy Tutorial Groups	
	, ,			Learning Centers	Interviewing	
					Conferencing	
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UNIT RESOURCES: (include internet addresses for linking)						
Common Core State Standards (CCSS), accessed May 17, 2013, from http://www.corestandards.org/						
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